



Little Heroes– Scope of Work

Rescue Recess & Fun Fitness

Little HEROES knows the value of providing youth with fun and inclusive games to play at recess time. We aim to provide this such atmosphere at elementary schools everywhere. We will organize your yard and train your staff to be more involved during recess times. We also provide youth leadership opportunities which focus on character development, and allow students to gain more pride in their school. Our goal is to establish a carnival type atmosphere. With fun; organized games and safe pathways to walk and move from game to game.

Playground HEROES

Our coaches will communicate with teachers and administration and select 20-30 4th/5th grade students to be our Playground HEROES. We will train these students after school while providing leadership opportunities to them. We focus on teaching specialized skills to further allow them to make an immediate impact in their school. These Playground HEROES will be given trainings on rules to the yard, all recess games and activities, as well as conflict resolution techniques and public speaking which will further boost their confidence. These Mini Coaches will be responsible for maintaining a well organized and inclusive recess yard, while setting impeccable examples both inside and outside of the classroom. Our GOAL is to have each of these future leaders leave their elementary schools ready to step up and continue that path as the leaders they are capable of being.

Classroom Game Times

We use class game times as another tool in creating a structured and organized yard. I will pull each class out at least once every two weeks for a 35 minute class game time. During these times we teach students the rules to our core games as well as provide a chance to engage in new and exciting games focused on communication, collaboration, and creativity. We will work with your staff to find out what standards and curriculum you will be using over the course of the year and devise games which will reflect this curriculum. These games will then be available as an additional option during recess and lunch times.

Peer Mentorship Program

Our Peer Mentorship Program focuses on a supreme effort in developing our youth and providing opportunities for a brighter future. This "Big Buddy" program will enable 4th and 5th grade students the opportunity to build relationships and mentor the kinder and 1st grade students on site. We typically like to target students struggling, whether academically or with behavior. Our peer leaders will meet, guide, encourage, and support their little buddies both inside and out of the classroom. Our big buddies will train after school with the on-site coach and learn communication techniques, as well as activities they could use with their little buddies inside the classroom.

Little HEROES Sports Tournaments

One avenue in which we provide a fun and healthy environment for children to thrive, stay active, and develop vital social skills is through our sports tournaments. Children from various school districts and social backgrounds throughout the Bay Area engage in a myriad of sports including basketball, soccer, flag football, and even street hockey! Our on-site coaches diligently work with the children; teaching them the value of teamwork, accountability, effort, and sportsmanship. We feel that is extremely important that children learn to both win and lose graciously and respectfully. Our Tournaments help to ensure just that.

Day to Day Expectations:

All 5 components are included with the full program price of \$35,000. 2-3 class game times each day, and all recesses. After school your on site coach will have their youth mentor program trainings, sports league practices, playground heroes trainings, and occasional staff meetings to keep constant communication and allow a venue to receive feedback with the staff and administration. Oct 1st start date would prorate the contract to reflect a subtraction of \$3,500 from the cost. \$31,500 if keeping all components. **Removal of after school components, cost would be \$32,000 for the year, \$28,800 starting on Oct 1st.**

Daily Schedule (Tentative)

8:20 - 8:43 - Before School Recess/Support
9:00 - 9:30 - Class Game Time #1
9:40 - 10:10 - Class Game Time #2
10:15 - 10:30 - Primary Recess (1,2,3)
10:30 - 10:45 - Upper Grade Recess (4,5,6)
10:45 - 11:00 - Kinder Recess
11:00 - 12:00 - Personal Lunch
12:05 - 1:20 - Lunch Recesses (Staggered)
1:25 - 1:55 - Class Game Time #3
2:00 - 2:15 - Primary Recess (1,2,3)
2:15 - 2:35 - Clean up the yard, Prep For Next Day